B Williams Surgical Solutions

ADVANCED SURGICAL & IMPLANT CARE

Post-Operative Instructions

IV Sedation

ACTIVITY RESTRICTIONS

- [ ] **Do NOT drive or operate machinery for 24 hours. This is non-negotiable.**
- [ ] You cannot drive yourself home. Your ride must take you.
- [ ] Have a responsible adult stay with you for the rest of the day after your appointment.
- [ ] No alcohol for at least 24 hours.
- [ ] No important decisions or signing documents for 24 hours.

RECOVERY TIMELINE

Right After	1–2 Hours	2–4 Hours	Rest of the Day	24 Hours
Very groggy. Supervised rest at home.	More alert. Cold, creamy, soft foods only.	Feeling more normal. Still not safe to drive.	An adult stays with you, even if you feel well.	Safe to drive and resume normal activities.

REMOVING THE GAUZE & FEELING FAINT

- Remove the gauze while you're **seated with your eyes closed**, and keep the blood out of sight. Your ride can help.
- Warning signs of fainting: feeling lightheaded, sweaty, pale, warm, or nauseated, or your vision "graying out."
- If you feel faint, **lie flat with your legs raised**. A few brief jerking movements can happen during a faint. They pass quickly and are not a seizure.
- Once you feel better, sip a cold, sweet drink (like juice or Gatorade).

EATING, PAIN, NAUSEA & MOUTH CARE

- Sip only water until you're fully alert, then start with something **cold and creamy**. No hot food or drinks while you're numb, and don't ice your face while you're numb.
- **Pain:** IV sedation itself doesn't need pain medicine. Follow the medication section of your procedure sheet (*Extractions & Wisdom Teeth* or *Implant & Grafting*).
- **Nausea:** if Zofran ODT was prescribed, dissolve 1 tablet on your tongue every 8 hours as needed. Call us if nausea lasts more than 12 hours.
- **Mouth care:** avoid your surgical site when brushing for the first 24 hours. Follow your procedure sheet for rinsing (Peridex starts the day after surgery).

WHEN TO CALL OUR OFFICE · (832) 947-4324

- Extreme drowsiness more than 8 hours after your procedure
- Difficulty breathing, chest pain, or shortness of breath
- Nausea lasting more than 12 hours, or vomiting that won't stop
- Signs of an allergic reaction (rash, hives, swelling of the face or throat)
- Swelling, redness, or pain at the IV site
- Any unusual symptoms or concerns

Medical emergency? If you ever lose consciousness, have trouble breathing, or feel you're having a medical emergency, call 911 first, then contact our office at (832) 947-4324.

Have a question about your recovery? Scan the code. Our patient help page answers most questions 24/7. For anything urgent, call Dr. Williams at (832) 947-4324.

Questions after surgery? Scan me.

drwilliams.aircard.live

B Williams Surgical Solutions · 1208 Highway 6 S, Sugar Land, TX 77478 · (832) 947-4324 · info@bwsurgicalsolutions.com

Dr. Brandon Williams Jr., DMD, is a general dentist focusing on complex surgical and implant care. Individual healing timelines vary.