B Williams Surgical Solutions

ADVANCED SURGICAL & IMPLANT CARE

Pre-Operative Instructions

Extractions & Wisdom Teeth Removal

GENERAL INSTRUCTIONS

1. Continue taking your regular medications on schedule unless you've been told otherwise, swallowed with a small sip of water. If you're diabetic, do not take medication that lowers your blood sugar while fasting.
2. A responsible adult, 18 years of age or older, should accompany you to the office and remain there during your procedure. If IV sedation is part of your plan, this person should also be physically capable of driving you home and should stay with you for the following 24 hours.
3. If you are a minor (under 18), a parent or legal guardian must be present to complete your health history and consent forms.
4. Avoid smoking for at least one week before your surgery and one week after. Smoking is one of the most significant factors in delayed healing.

IF IV SEDATION IS PART OF YOUR PLAN

1. **Fasting:** no solid food for 6 hours before your surgery. Clear liquids (water, apple juice, Gatorade, black coffee or tea with no milk) are OK until 2 hours before. **Nothing by mouth in the last 2 hours.**
2. Wear a loose-fitting top with sleeves that can be rolled up to the shoulder, and closed-back shoes that are securely fastened. Please avoid flip-flops or loose sandals.
3. Build some flexibility into your schedule around your appointment time. It's best not to fit surgery into an already busy day.
4. Following sedation, you should not drive or take part in any activity requiring full alertness for the next 24 hours.

> **Questions or concerns?** Please reach out before your appointment. We're glad to help.
> (832) 947-4324 | info@bwsurgicalsolutions.com

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